

Alumni@SP

SP ALUMNI E-NEWSLETTER | SEPT 2016

TAKING THE PATH

LESS TRAVELLED

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Alumni in the spotlight

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Continuing Education & Training

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Happenings@SP

Quiz

SPeial Recipes

TAKING THE PATH LESS TRAVELLED

Instead of embarking on a marine career with her Diploma in Maritime Transport Management, Kelly Poon took the unconventional route to kickstart her singing career in Year 2005 after her graduation from SP. We caught up with this trailblazing alumna to connect the dots between her SP beginnings and her current stellar achievements.



KELLY POON

DIPLOMA IN MARITIME TRANSPORT
MANAGEMENT (2004)
REGIONAL ARTISTE

WHAT MADE YOU DECIDE TO PURSUE SINGING AS A CAREER?

I was given a recording contract after the singing competition Project Superstar in 2005. I chose to dream big and grab on to my once-in-a-lifetime opportunity to become a recording artiste.

WHEN DID YOU REALISE THAT YOU HAVE A TALENT FOR SINGING?

I believe my teachers and judges spotted that talent in me. For me, it is more of realising my passion for singing and the excitement I get when I am performing on stage. I came to that realisation after I had lessons at Lee Wei Song School of Music, as well as after I was chosen to be a part of their performing group.



▲ Photo taken from Miss Kelly EP.

WHAT HAS BEEN SOME OF THE GREATEST CHALLENGES IN THE MUSIC INDUSTRY FOR YOU?

I've come so far through hard work, passion and determination. The greatest challenges are to understand and adapt to changes throughout my years in the industry, improve technically and continue to sustain my passion for music and the industry.

SHARE WITH US SOME OF YOUR MOST REWARDING AND MEMORABLE MOMENTS IN YOUR CAREER SO FAR?

My most memorable achievement would be receiving recognition and awards both locally and regionally for my latest album - Miss Kelly. I was also recently invited to represent Singapore for a few music festivals and I made several cover videos, including the mandarin version of the theme song for hit Korean series "Descendants of the Sun (DOTS)" – when the covers went viral, it was definitely a pleasant surprise for me!

IS THERE SOMEONE WHO HAS PROFOUNDLY INSPIRED YOU IN YOUR LIFE?

My family, especially my mother, have always believed in me and supported all my choices in life. My teachers, idols and seniors have also been great supporters and mentors. I might not have come so far without the love and belief of my previous bosses, and especially my present boss whom I have known since 18 years old. Last but not least, I am thankful for my fans. Some have literally grown up with me.

ANY INSPIRING WORDS FOR SP ALUMNI ON TAKING THE PATH LESS TRAVELLED?

Dare to dream. Look into your passion, know what you want, hone your skills, fire up your determination and courage, and then charge ahead! There will be many times that you will fall and be discouraged or even be

put down and insulted. Look for constructive comments, adapt, change and be strong. It is never easy but every step forward and every little progress made will bring you closer to your goal. Press on and find satisfaction for your heart and soul. Most importantly, have no regrets!

WHAT CAN YOUR FANS LOOK FORWARD TO IN THE NEAR FUTURE?

New music of course! I want to bring my music to a higher level, be a master at my trade and not a "jack of all trades". I am working hard to achieve this - with determination and continuous improvement to become a gentler yet stronger me.

DARE TO DREAM. LOOK INTO YOUR PASSION, KNOW WHAT YOU WANT, HONE YOUR SKILLS, FIRE UP YOUR DETERMINATION AND COURAGE, AND THEN CHARGE AHEAD!

KELLY POON

Catch Kelly's recent video released on her Facebook

showcasing a medley of songs from 12 Singaporean artistes - the likes of Stefanie Sun, Tanya Chua and Kit Chan.

LEAVING HIS MARK

This issue, we caught up with 2nd Officer Mark Koh, the first Singaporean Officer at the Royal Caribbean International. Connecting the knots between his graduation from Singapore Polytechnic (SP) to him sailing the seven seas, it was evident he left his mark as well as his heart firmly at SP with his unwavering involvement and commitment with the Singapore Maritime Academy Reach out (SMART) programme whenever he is home.



MARK KOH ZHI WEI

DIPLOMA IN NAUTICAL STUDIES (2012)
2ND OFFICER, ROYAL CARIBBEAN INTERNATIONAL

Can you share with us some of your roles and responsibilities?

I have two roles on-board as a junior officer. My primary role is to be an active team member, navigating the ship and my secondary role is to maintain all the Life Saving Appliances (LSA) and Fire Fighting Equipment. It is important to ensure that we have the updated and appropriate equipment on board for the safety of all passengers on the cruise.

How have your SP education prepared you for your career?

My SP education has equipped me with all the necessary nautical knowledge required to start my career. Besides classroom learning, I was attached to a ship for twelve months during my second year, giving me the opportunity to learn on-the-job. My time at SP also exposed me to leadership and team building roles. One such activity was when we worked as a team to plan the inaugural SP Escapade (SP's orientation programme for 'O' level students to experience life as an SP student). I felt that my social and communication skills were enhanced greatly during my SP days.



Tell us more about how you got involved with the SMART Programme.

The SMART programme stands for Singapore Maritime Academy Reach out. I was involved in this programme even before I graduated from SP! I would volunteer for the programme after my lectures end. The programme's objective is to create greater exposure of the maritime industry amongst students. One such initiative is for me to go to various secondary schools to give career talks.

What has been your greatest reward in the SMART Programme?

I have been involved in SMART for more than 6 years. Besides building up my confidence in public speaking,

“IMPORTANTLY, THE GROUP OF ALUMNI THAT HAS COME BACK FOR SMART HAS GROWN CLOSE TOGETHER OVER THE YEARS. WE ARE LIKE AN EXTENDED FAMILY, SUPPORTING EACH OTHER IN OUR RESPECTIVE CAREERS.”

MARK KOH ZHI WEI

it is a good platform for me to keep in touch with SMA lecturers and students. Importantly, the group of alumni that has come back for SMART has grown close together over the years. We are like an extended family, supporting each other in our respective careers. It is also through the SMART programme that I got to utilise my boat licence by driving the students around parts of Singapore. I also conduct various water activities for the secondary school students visiting the Singapore Maritime Academy (SMA) training site.

Why is it so rewarding in giving back to SP (through SMART)?

Alumni activities present a possible platform for us to give back to our alma mater, and as I progress in my career, I find it very rewarding to be able to give back to SP through my involvement in SMART. When I was in Year One, an extremely successful alumnus by the name of Dato' Ramesh came and gave us a talk, it has inspired and motivated me greatly ever since. I want to give back and inspire other students just like how I was inspired.

Finally, how do you think your involvement in SMART has helped you?

Your education does not end the moment you graduate from SP. You need to improve yourself constantly. I intend to continue to learn more about my industry by signing up for training courses at SMA using the SkillsFuture Credit next year. Apart from giving back, my involvement with SP alumni activities through SMART has built up my character and social skills. It has built my self-confidence and improved my abilities in public speaking.



Photo Credits: WXChue ▲

Coffee CULTURE

Singapore Polytechnic (SP) has always been a strong advocate for continuous education, not just for the students but also for our SP alumni. We have launched a range of programmes and courses catered to all interests for SP alumni to participate and progress in their journey for personal and professional development.

Recently, we had coffee with three SP alumni,

TSK Tan Shin Kiong - Diploma in Mechanical Engineering (2002)

PMW Phoon Mun Wei - Diploma in Electronic, Computer and Communication Engineering (2005)

LWK Lei Wen Kang - Diploma in Mechatronics & Robotics (2003)

who shared with us their thoughts on the interesting 'Business and Science of Coffee' course that they signed up for.



Business and Science of Coffee, what an interesting course. How did you come to know about this course and what made you sign up for it?

PMW : I was keen to learn more about the art of making coffee and searched online for courses from private and public schools. I was surprised I found one at SP. When I did more research, I found that the course offered at SP had more topics and was more comprehensive than other schools. So I signed up!

LWK : I found out about this course from the Skillsfuture website and thought it was very interesting.

TSK : You can also find it on the SP website.





What is the stand-out moment of this course?

- TSK** : For me, it was learning how to do a proper espresso, latte and cappuccino that is café standard!
- PMW** : I felt a sense of accomplishment when I prepared my first cup of latte.
- LWK** : Our first cups of espresso, latte and cappuccino was indeed memorable.

How has this course change your view(s) about coffee?

- PMW** : I think this course has totally changed my views about coffee and the art of coffee making. There are quite a lot of factors involved, such as how various preparation methods can affect the taste of the coffee and how the amount of milk can change the drink from a latte to a cappuccino.
- LWK** : This course has taught me to better appreciate coffee, the flavours of the beans which vary due to different origins, species, roasting, handling and brewing methods. It has exposed me to different methods of making coffee, and also given me basic knowledge of how coffee trees are grown; how coffee beans are harvested, processed, stored and roasted.

How are your trainers/instructors?

- TSK** : They are well versed, knowledgeable and friendly.
- LWK** : They are very proficient in their coffee brewing skills. On top of that, they were very patient with every student as we all attempted to make various coffee brews.

Any thoughts on the course now that you have completed it?

- TSK** : Realised setting up a cafe is not as easy as we all think.
- LWK** : I would have loved more practice time as personally, making coffee can be very addictive.
- PMW** : Yes, wish we had more time to practice and if the course covered latte art making, that would have been a bonus.

Would you recommend this course to your friends?

- TSK** : Definitely. it is worth the money spent. It provided a lot of information and practice on how to do lattes, cappuccinos and espressos.
- PMW** : We learn how to appreciate coffee and operate an espresso machine.
- LWK** : It teaches you café standard coffee making.

What are the challenges of continuing your learning experience while holding down a full-time job?

- TSK** : Time management.
- PMW** : This course was not that intensive and was more interesting for me. So it was a manageable course to take amidst my other commitments.

How does it feel returning to SP again?

- LWK** : I feel good to be back in an environment that i am familiar with. Also looking at how much the school has developed over the years has amazed and encouraged me because SP is keeping itself up to date.
- TSK** : It brings back good old memories.
- PMW** : Yes, it is a comfortable environment that we are all used to. It is good to reminisce on good old times.



SP CAREER & EDUCATION FAIR 2016

Date: 16 November 2016
Time: 11am to 6pm
Venue: Singapore Polytechnic Convention Centre

The theme for SP Career & Education Fair 2016 is "Uncover Your Skills, Discover Your Future". The annual SP Career & Education Fair is a must-visit event for all students and alumni. More than 50 organisations including local and overseas educational institutions are participating in the Fair this year. Find out about Earn-and-Learn Programme (ELP) from the 5 participating polytechnic CETs. Check out further education opportunities by NUS, NTU, SMU, SIT, SUTD, UniSIM and other reputable universities. Network with potential employers. It will be a perfect platform for you to land your dream job!

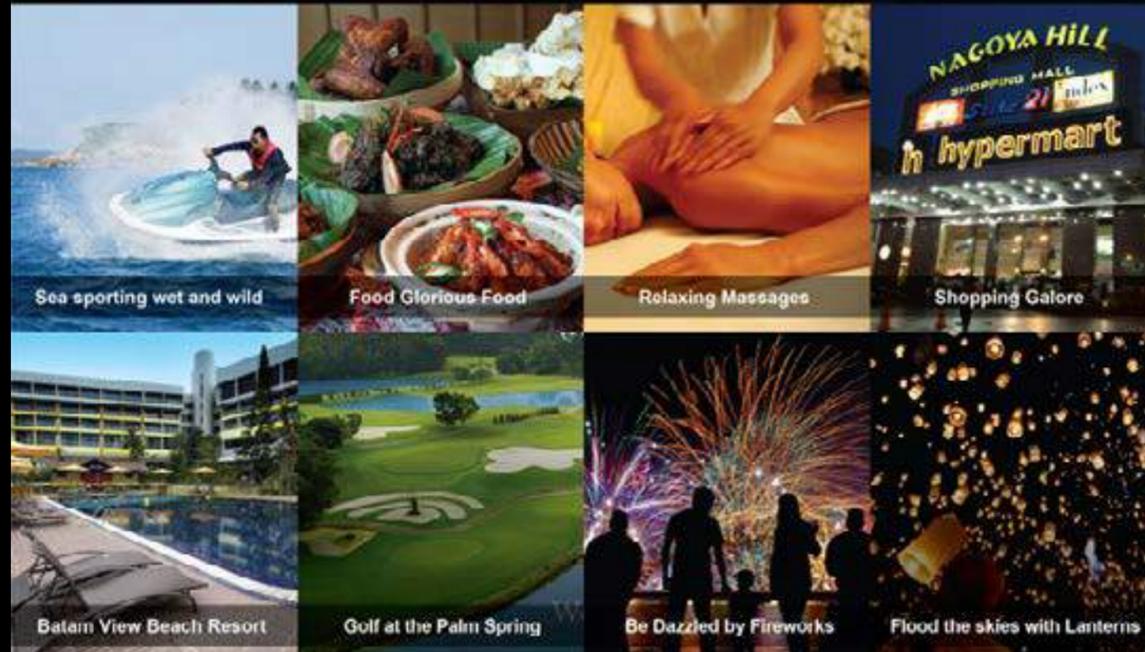
VIRTUAL CAREER FAIR @ SINGAPORE POLYTECHNIC 2016 (VCF@SP)



Date: 14 to 20 November 2016
Register at <https://spcareerfair.seemecv.com> (registration starts on 16 Oct 2016)

This year, we hope to bring you a bigger and better career fair with more exciting opportunities. Virtual Career Fair @SP provides a platform for students on internship, SP alumni who are not able to attend the physical Fair can gain access to job opportunities online. VCF@SP is available via <https://spcareerfair.seemecv.com> from 14 to 20 Nov 2016. You are able to find jobs available, learn about company profile of potential employers, submit resume and speak with employers online through live chat! Registration to VCF@SP is available from 16 Oct 2016.

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PRESENTS
THIS YEAR END
GET OUT OF HERE & JOIN US @ Batam!
17-18 Dec (Sat-Sun), 2 DAYS 1 NIGHT
FROM JUST \$200* PER PERSON
*Early Bird Special ends on 30th Sep 2016. Not part of the Golfing package
www.spgg.org.sg/batam for details and registration
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PACE ACADEMY COURSES

Big Data Analytics: A Primer and Practicum.....	13 – 16 Dec '16
Business and Science of Coffee	3 – 26 Oct '16
Business Writing and Presentation Skills	18 – 19 Oct '16
Computer Aided Design with Autodesk Inventor.....	17 Oct – 23 Nov '16
Industrial Audiometry Course.....	7 – 11 Nov '16
Introduction to Sampling: Survey Methodology and Factor Analysis	24 – 25 Nov '16
Introduction to Statistics and Quantitative Data Analysis	10 – 11 Nov '16
WSQ - Provide Advice on Wine	25 Oct – 3 Nov '16

* PACE Academy course schedules, course trainer, course fees and course availability are subject to change without prior notice

NEW PCEO OF SP

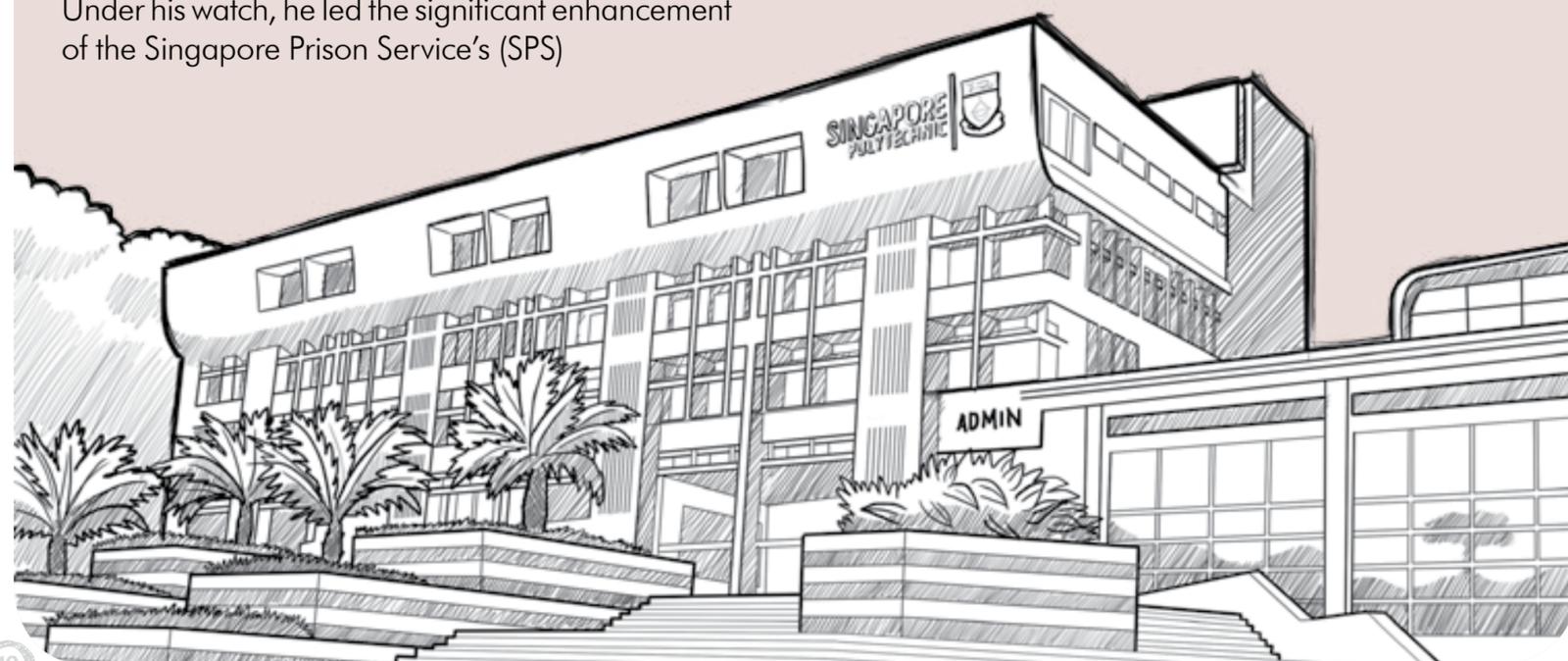


Photo of Mr Soh Wai Wah.
Credits: MHA & The Straits Times

Current Commissioner of Prisons Mr Soh Wai Wah will be appointed as the Principal and Chief Executive Officer (PCEO) of SP with effect from 1 October. A 34-year Home Team veteran who began his career in the Singapore Police Force, Mr Soh assumed the post of Commissioner in 2010.

capabilities and effectiveness, Ministry of Home Affairs (MHA) said. He was responsible for launching the nationwide Yellow Ribbon Community Project, which mobilises grassroots volunteers to help the families of those incarcerated, and also set up the Community Rehabilitation Centre for young first-time drug abusers.

Under his watch, he led the significant enhancement of the Singapore Prison Service's (SPS)



AMERICAN GIANT JOHNSON & JOHNSON IMPRESSED WITH SP



(Left to right) Jessie Tong, Senior Lecturer, CLS; Dr Adrian Yeo, Director, CLS; Mr Adam Ricciardone, Johnson & Johnson; Dr Loy Chong Jin, Johnson & Johnson

A Memorandum of Understanding (MOU) was inked with Johnson & Johnson at the recent School of Chemical & Life Sciences (CLS) Connection Day held on 23 June. This MOU opens up more scholarships and internship placements for SP students.

Johnson & Johnson started working with SP about two years ago and the collaborations mainly involved CLS, User Experience Centre (UXC) - Consumer Insights Projects as well as Department of Technology, Innovation and Enterprise (TIE) - R&D Projects. Johnson & Johnson has been offering internship placements for the enhanced internship programme since Year 2015 and they have been very happy with the partnership. Research Associate Director at Johnson & Johnson, Dr Loy Chong Jin, shares his thoughts on the collaboration, "Besides two consecutive nine-month internships with two students each, we have completed a product ideation competition with third year Diploma in Perfumery and Cosmetic Science (DPCS) students and

a consumer insight project with UXC involving teenage consumers. We have also introduced a Johnson & Johnson scholarship scheme for second year DPCS students to encourage excellence in learning. We see lots of opportunities to partner with staff and students across multiple disciplines at SP to co-develop new ideas and innovation that are mutually beneficial." Dr Loy also mentioned that Johnson & Johnson is impressed with the quality of student interns and the collaborative mindset of SP staff.

Besides signing the MOU, the inaugural CLS Connection Day presented a perfect opportunity for CLS staff and industry partners to network with each other. There were also certificates of appreciation presented to industry partners in the chemical and energy, biomedical and health sciences, as well as, the food manufacturing sectors for their continual support to CLS internship programmes.



Audrey Yong was nominated an unused quota place to Singapore in the women's RS:X windsurfing event for the Olympic Games in Rio de Janeiro. PHOTO: THE NEW PAPER

SP STUDENT COMPETED AT THE RIO OLYMPICS

SP's Diploma in Hotel and Leisure Facilities Management student and national windsurfer, Audrey Yong, represented Singapore in the women's RS:X windsurfing event at the Olympic Games in Rio de Janeiro this year. The Singapore Sailing Federation nominated 2010 Youth Olympic Games bronze medallist Audrey Yong for the place, a choice which was supported and endorsed by the Singapore National Olympic Council (SNOC).

This is the first time that Singapore is represented in the women's windsurfing event at the Olympic Games.



NEW EARN & LEARN PROGRAMMES FOR THE MARITIME SECTOR

Three new Earn & Learn Programmes (ELP) for seafaring deck officers, marine engineers and port operations officers were launched on 24 June 2016.

Jointly developed by SP, the Maritime and Port Authority of Singapore as well as the Workforce Development Agency, the ELPs aim to give fresh polytechnic graduates a headstart in their maritime careers by deepening their skills through facilitated training, in-house structured programmes and mentorship with industry partners.

JEREMIAH CHEN CONGFA
 Diploma in Chemical Engineering (2010)
 Bachelor of Engineering (Chemical & Biomolecular Engineering)

MUHAMMAD SHAFIQUE BIN HAMID
 Diploma in Chemical Process Technology (2010)
 Bachelor of Science in Chemistry & Biological Chemistry

ELFRED WEE FOOK CHOON
 Diploma in Mechatronics and Robotics (2013)
 Bachelor of Engineering (Mechanical Engineering)

THANK YOU SP!

Every year, Nanyang Technological University (NTU) awards and honours outstanding students who not only have consistently secured high academic records but who also participated in various projects, research and special activities. Singapore Polytechnic (SP) is proud to have our alumni amongst its ranks. We caught up with three of our SP alumni who were award winners at the recent NTU graduation ceremony.

Mr Jeremiah Chen Congfa was awarded the prestigious Lee Kuan Yew Gold Medal for his academic excellence. Mr Muhammad Shafique Bin Hamid and Mr Elfred Wee Fook Choon were conferred the Koh Boon Hwee Scholars Award which honours high achieving NTU students who have shown excellent academic performance as well as displayed strong leadership ability, contributed to society and have been role models to their peers.

When the three outstanding scholars gathered at their alma mater, it was immediately apparent that the seeds to their success were first sown in the campus of SP. All three of them shared a common

story of gratitude in that they had a SP lecturer that went the extra mile to show them that there is a light at the end of the tunnel and success can be attained no matter the length of journey.

Mr Jeremiah Chen who graduated with a Diploma in Chemical Engineering wants to honour and thank Mr Kong Ling Teck, his Final Year Project (FYP) Supervisor, for his success and achievements. He recalled how Mr Kong had showed great care and concern for him when his father passed away during his final year. Mr Kong provided tremendous moral support during that time of bereavement for Jeremiah. Importantly, while looking for University scholarships, Mr Kong was the one who gave good advice and helped by writing a testimonial for him. Jeremiah is thankful to Mr Kong for all that he had done to help him secure a scholarship with Keppel Infrastructure Holdings.

Mr Muhammad Shafique, who also graduated from the School of Chemical and Life Sciences in 2010, singled out his lecturer Ms Ng Su Ling as his mentor and key to his success. Ms Ng, through her dedication to her students and her professionalism, inspired him to take ownership of his own future as well as be resilient and patient with the small things in life. That changed him from a passive, lackadaisical person to one that works



SP HAS TRAINED ME TO BE AN INDEPENDENT LEARNER. OUR SP LECTURERS HAVE TRAINED US TO **THINK OF SOLUTIONS FIRST RATHER THAN REMAIN FIXATED ON THE PROBLEM**. THIS IS A LIFE-LESSON THAT WE MUST TAKE AND APPLY IN ALL THAT WE DO. **STAY HUMBLE AND FOCUSED** TO ACHIEVE OUR GOALS. ALSO EXPAND YOUR CIRCLE OF FRIENDS AND WORK TOGETHER TO ACHIEVE EXCELLENCE!

◀ JEREMIAH CHEN CONGFA

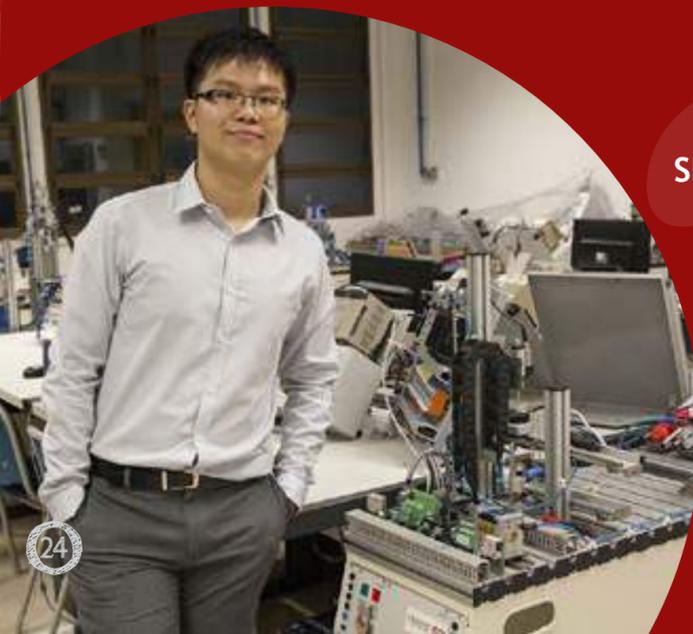
BE RESILIENT AND PATIENT! YOU MUST PRESS ON AND OVERCOME WHATEVER THE CIRCUMSTANCE. NOT JUST IN STUDIES BUT IN ALL ASPECT OF LIFE. YOU MUST **BE PASSIONATE AND STRIVE TO BE BETTER**, IF YOU WANT TO ACHIEVE YOUR GOALS.

MUHAMMAD SHAFIQUE BIN HAMID ▶



SP HAS LAID THE FOUNDATION FOR MY STUDIES IN NTU. I EXCELLED IN THE PRACTICAL ASPECTS DUE TO SP'S INDUSTRIAL AUTOMATION LAB (CURRENTLY KNOWN AS ROBOTICS LEARNING SPACE). **BE DARING AND BE WILLING TO STEP OUT OF YOUR COMFORT ZONE TO TRY NEW THINGS!**

◀ ELFRED WEE FOOK CHOON



really hard both in his studies as well as other pursuits in life. He went on to lead various successful campaigns and events in NTU that eventually got him recognized as one of the worthy recipients of the Koh Boon Hwee Scholars Award.

Another Koh Boon Hwee Scholar Award winner Mr Alfred Wee Fook Choon, graduated with a Diploma in Mechatronics and Robotics in 2013. He echoed a similar sense of gratitude as he credits his success to Mr Ho Sum Lim, his Course Manager, for friendship and encouragement during his days in SP. Being the pioneer batch, he recalled how Mr Ho revamped the course

outlines and introduced new modules to make the course better and more relevant. Mr Ho would take time to approach students, get to know them at a personal level and would never fail to invite students to his home during Chinese New Year. Mr Alfred spoke fondly of Mr Ho as his "Second Father", who is passionate at what he does and always hoping to bring out the best in all the students. He is thankful to Mr Ho for mentoring him.

Congratulations to all three scholars. You have made SP proud!

LABOUR OF LOVE (LOL) VIETNAM 2016



Pre-CIP Programme at SunLove Senior Activity Centre



Labour Of Love (LOL) Vietnam 2016 is an overseas Community Involvement Programme (CIP) which brought together more than 20 alumni of Singapore Polytechnic (SP), all from various courses but with one common denominator – the same mentor-cum-facilitator, Mr Ho Thiam Aik.

Before Labour Of Love (LOL) Vietnam 2016 commenced on 22 May 2016, the alumni met and interacted with one another over a bonding camp, a pre-CIP programme at SunLove Senior Activity Centre and a food and fun

fair trial. These interactions helped to build a strong foundation for the team. Having identified similar goals enabled the team to work better together.

Upon arrival in Thanh Ngai 2 Primary School (Subordinate Branch), the alumni split themselves into two main groups, Infrastructure and English Language teams. Infrastructure team focused mainly on building fences and de-concretising the pavements. Even when there were unexpected downpours, the team was not deterred from working towards their goal – creating a



English Language Team incorporated games to help the children grasp the language



Infrastructure Team working hard to create a better environment for the students



Alumni volunteers gathered for a group photo

better environment for students to study in. As for the English Language team, they taught grades 3, 4 and 5. The team incorporated games, making it easier for the children to grasp the language. “No doubt the first lesson was a little challenging as we do not know what to expect and with the language barrier the students were not able to understand us, but overall the teaching experience has been enjoyable and memorable,” said Anica, one of the volunteers. The alumni also organised a food and fun fair where 150 students and villagers were invited to redeem food and play games.

Regardless of age or personal experiences, the alumni gathered with a common aim to serve the less fortunate in Vietnam. And they were able to replicate one of the components of their overseas CIP – ‘Food and Fun Fair’ and incorporate it into a local community service project ‘Family Life First Fiesta’. All in all, the entire CIP journey in Vietnam proved to be an enriching one for the alumni volunteers.



SP alumni staff were introduced to various initiatives by Alumni@SP at the briefing

SP ALUMNI FRUITS FIESTA

More than 60 SP alumni staff attended a briefing session on 8 July 2016 where they learnt about the various initiatives by Alumni@SP, the team in-charge of engaging graduates and connecting them with their alma mater - Singapore Polytechnic. After the briefing, SP alumni staff interacted with each other over a fruits buffet, consisting of durians, coconuts, longans and lychees. The fiesta ended on a good note with some alumni staff who enthusiastically signed up for the next event, a local community service event with elderly beneficiaries.



SP alumni staff engaged in conversations as they enjoyed the fruits buffet

LET'S TALK ABOUT CAREER!



Mr Wilson Fu giving his opening keynote



Everyone listening intently at the career talk



A group photo at the end of 'Let's Talk About Career!'

Eight SP alumni speakers shared useful career tips and advices with fellow students and alumni on 9 July 2016. This talk provided a platform for students to gain insights of the real working world and to mentally prepare themselves before they step into the workforce. One of the SP alumni, Tianshu, who have recently graduated with a Diploma in Maritime Business and is currently on the lookout for a job in the shipping industry remarked, "I hope to learn as much as possible from this talk so that I can get a good headstart in my career journey."

Mr Wilson Jack Fu, Director of Impact Management Services Pte Ltd, gave an opening keynote where he shared his personal story of seeking knowledge and self-development in achieving career success. His story was one filled with hope for his juniors, who are encouraged to blaze their own trail of success. Besides Mr Wilson, the other seven alumni speakers have each inspired the audience in their unique ways.

Follow us on [SP Alumni Facebook page](#) to be updated on upcoming alumni talks and events.



Enthusiastic participants – students, staff and alumni – ran the Poly 50 Relay

RACING POLY 50 AS SUPERHEROES

Organised by the Department of Student Development and Alumni Relations (DSA), the annual signature Poly 50 Relay and Carnival took place around the Dover Road Campus on 27 July 2016. Participants raced 50 rounds along a new route this year where they were able to have good view of the new Aerohub and SP Business School Building. This year's race was themed superheroes and a number of participants were sporting enough to run the race with their superheroes attire.

Race participants who were spotted in their superheroes attire ▼



▲ Winning design by Tan Zijie, a SP Design School student, was used as the photo frame of Poly 50 Photo Booth

Prior to the actual race, a month-long facebook campaign “Design Your Dream Poly 50 Photo Border & Frame” contest was organised where students, staff and alumni were invited to design their dream photo frame. The entry selected for the event day photo booth frame was from Tan Zijie, a SP Design School student, whose design was used as the Poly 50 Photo Booth’s photo frame. She incorporated elements of Superheroes to create a vibrant design which won over a thousand votes.

The alumni team which won the race was ‘Road Runners’, where most of the group members have been part of the annual winning team in the past Poly 50 races. Indeed, like superheroes, all the teams managed to complete 50 rounds with sheer determination and strong teamwork.

Click [here](#) to view more photos of the Poly 50 Relay and Carnival.



DLA alumni at the DLA Open Studio on 24 March 2016

DLA GRADUATES REUNION

Diploma in Landscape Architecture (DLA) Graduates Reunion was a much awaited event held at the newly renovated design studio. Most of the invited alumni have not met one another for the past few years so this event served as a class reunion for most who attended.

Marking its 10th Anniversary, DLA First and Second Year students moved into two newly renovated studios at Block T5 Level 4 where all students across the three years are now housed in Block T5. This move enables all DLA students' learning to be enhanced through peer support where they can take reference from seniors' works which can be found placed within the same block. This also encourages the DLA student body to be more closely-knitted.



One of the newly renovated design studio

At the open house of the new DLA studios, it was certainly an evening filled with anticipation and zest. More than 40 DLA alumni across four different batches soaked themselves in conversations and updated each other on their work and lives. The alumni also took the chance to catch up with their former lecturers. While a flashback video was screened, the new studio was filled with laughter – it definitely brought back many wonderful memories for the alumni!



Elderly showing their creative talents



Elderly enjoying their meals



Basket full of groceries



Happy and contented with their buys!

COMMUNITY SERVICE AT FEI YUE SENIOR ACTIVITY CENTRE

20 alumni volunteers, of which 14 are SP staff, had a memorable and fulfilling time with 30 elderly from Fei Yue Senior Activity Centre on 5 August 2016. They were engaged in pots painting, planting peanuts and onions, followed by lunch at IMM as well as grocery shopping at Giant.

The elderly started their morning with some simple exercises. As many of them are residing alone in the rental flats, they are therefore trained to be independent and capable of doing what we often thought might be too tough for them. Even their creativity surpasses the expectations of volunteers as evident in the pots painted beautifully by them.

After the pots were painted, they were left to dry while the volunteers brought the elderly to a cosy restaurant in IMM. For many, this was their first time trying the salad bar buffet at Seasonal.

After a sumptuous meal, the elderly were brought on a grocery shopping trip at Giant. With a \$20 voucher handed to each elderly, the volunteers accompanied the elderly around to get what they needed. Everyone was so happy with the wonderful time of shopping.

Upon their return from the shopping trip, the team potted the plants with peanuts and onions.

The volunteers were glad to be able to bless the elderly with their presence, serving them and hearing their personal stories, in turn being infected with their enthusiasm and resilience. Above all, it has been a meaningful day spent with our most deserving pioneers!

Click [here](#) to view more photos of the event.



Everyone satisfied and blessed!



Good job with all the pots of seedlings!



Jocelyn (third from right; in the back row) attending the Pre-University Seminar in 2015



People queuing for their Good Morning SG package at Central Business District



Jocelyn (first from left; in the foreground) and her group of volunteers all ready to bring smiles to people

TRANSFORMING THE WORLD WITH A SMILE

- Good Morning SG!

Meet Jocelyn Tan, a girl on a mission to transform the world with a smile. Jocelyn graduated from the Diploma in Business Innovation and Design in April 2016. Since then, she has been busy putting her positivity to good use.

Jocelyn first learnt about the Singapore Kindness Movement when she attended the Pre-University Seminar in 2015 while she was at Singapore Polytechnic (SP). During her internship last year, while sitting on the train, she noticed how emotionless people in office-wear were and how most of them were either staring into blank space or scrolling through their phones. They just seemed so lifeless and indifferent as though they have already surrendered to their mundane life. "I thought that maybe I could make a difference in some of their mornings and motivate them to do a little more for themselves and continue dreaming big," Jocelyn remarked.

This motivated Jocelyn to submit a winning proposal for funding from the Singapore Kindness Fund. Her initiative Good Morning SG under Mundane Monday Morning aims to put smiles on the faces of everyday people in Singapore and allow them to feel valued, energized and motivated for the day ahead. As part of Good Morning SG, Jocelyn together with a group of volunteers stationed themselves at various locations in the Central Business District on 5 September 2016 from 7.00AM to 9.30AM. They distributed handmade cards and flowers, held up placards with quotes on it in hopes of brightening up the mundane Monday mornings of office workers.

Besides advocating for the Singapore Kindness Movement, Jocelyn also has a great heart for the environment. She led a team to win the First Prize (Institutes of Higher Learning Category) in the National Climate Change Competition in Year 2014. She was also involved in Actions for Earth as part of the steering committee to facilitate the smooth flow of the Global Youth Summit 2015 Winter in Hanoi.

Through leading such meaningful initiatives, Jocelyn also saw herself transform from a shy individual to one who is more outspoken, confident and independent.



Good Morning SG package

TAKE THE 'ALUMNI' CHALLENGE

Want to find out if you have enough knowledge of 'Alumni@SP'?
Challenge yourself to this quiz and stand a chance to win prizes if you get all correct answers!
Email your responses to Jessica_Wong@sp.edu.sg before **28 October 2016**.

1 Alumni@SP is a _____ e-newsletter.

- a monthly
- b weekly
- c yearly
- d quarterly

2 Which department publishes 'Alumni@SP'?

- a Department of Student Services
- b Department of Alumni Relations
- c Department of Student Development and Alumni Relations
- d Department of Student Services and Alumni Relations

3 What is the name for the latest magazine and video clips that were published by SP?

- a inSPire
- b aSPire
- c Alumni@SP
- d SP Alumni

4 SP currently provides support to _____ SP alumni interest groups.

- a 2
- b 5
- c 7
- d 15

5 To date, SP has produced close to _____ graduates.

- a 180,000
- b 250,000
- c 350,000
- d 190,000

Honey Lemon SALMON

NUR ADIBAH

DIPLOMA IN INFORMATION COMMUNICATION
TECHNOLOGY, (2007)
MANAGEMENT SUPPORT EXECUTIVE,
SINGAPORE POLYTECHNIC

Besides her regular duties of working on Entrepreneurship and SkillsFuture Earn & Learn Programme, Ms Nur Adibah enjoys experimenting with simple-to-prepare yet delectable dishes. Here, she shares her favorite epicurean indulgence - Honey Lemon Salmon; a dish that she experimented on all by herself and perfected over the years!

RECIPE

Serving for 1-2 people

INGREDIENTS

- 300g Norwegian Salmon
- 2 teaspoons minced/chopped garlic
- 1 lemon, cut in half and squeeze the juice out
- 3 tablespoon of honey
- 1 teaspoon of chopped basil leaves
- Fine black pepper, for added taste

DIRECTIONS

- 1 Spread the minced garlic onto the salmon
- 2 Mix the lemon juice that you squeezed out together with honey (Don't use metal spoon in contact with honey), add the dried parsley in too
- 3 Pour the mix to the salmon and shake some black pepper to the salmon
- 4 Chill the salmon for 1-2 hours so that it will absorb the mixture/marinate
- 5 Grill the salmon till the honey has caramelised
- 6 Serve it with grilled asparagus and cherry tomatoes**. Enjoy!

**Grilled asparagus and cherry tomatoes is cooked with salt and pepper seasoning.



Dried MEE SIAM

JOCELYN CHUA

DIPLOMA IN OPTOMETRY (2009)
LECTURER, SINGAPORE POLYTECHNIC

Need to whip up a local delight for your guests? Ms Jocelyn Chua has the perfect recipe for you! She shares with us a recipe that has delighted and defined her family for decades - her grandma's Dried Mee Siam!

RECIPE

Serving for 15-18 people

INGREDIENTS

- Bee hoon
- Belachan
- Garlics
- Shallots
- Dried chilli
- Tau-jiao (bean paste)
- Assam
- Prawns
- Tau-kwa

DIRECTIONS

- 1 Soak 2 packet of beehoon in water
- 2 Blend together:
 - a) 1-2 tbsp of Belachan
 - b) 9 garlics
 - c) 20 shallots
 - d) 20 Dried chilli
- 3 After blending, add 1 teaspoon of MSG or stock add 5 soup spoon of tau-jiao (bean paste) add 5 table spoon of assam (bought from market) + mix with 1 container of water (1 plastic container: those you use to buy take away food)
- 4 Prepare prawns, tau-kwa (amount up to you for 15-18 pax)
- 5 To Fry: Add oil → 1 cup of oil (tau gua must be submerged in oil)
 - a) Fry tau kwa for 4-5 mins then remove from oil.
 - b) Set tau kwa aside
 - c) Continue using same oil.
 - d) Add chilli blend in (stir for 20secs)
 - e) Add bean paste, followed by prawns, add 3 teaspoon of salt
 - f) Add 3 soup spoon of sugar
 - g) Add 3 tea spoon of chicken stock
 - h) Add bee hoon (fry for 2 mins)
 - i) Add ½ of assam quantity (try to taste if it is sour enough)
 - j) Add more if required

