

**Grit,
Resilience,
Inspiration &
Determination (GRID)
to succeed at work**

24 June, Wed, 3 - 4pm

Organised by:



SPAN
SP Alliance & Network
Wed-Binar
Series



Prabu Naidu

**Co-Founder, Facilitators
Network Singapore Pte Ltd**

**Founder, Learning Matters
LLP**

Class of 1977, SP Alumni

- ❑ 19 years of experience with multinational companies such as Philips, AT&T and Compaq
- ❑ Stays current professionally with memberships in professional bodies
- ❑ Has been coaching and mentoring managers & leaders in MNCs and SMEs in Singapore and the Asian region since 1999

AGENDA

1. DEFINING GRID
2. PERSONAL GRID STORY – SURVIVING TWO
RETRENCHMENTS
3. 4 TIPS FOR GRID
4. Q&A

WEBINAR NORMS & HOUSEKEEPING ANNOUNCEMENTS

1. Webinar will be recorded – Link will be sent to you.
2. SPAN team is assisting to monitor the Chat box and Q&A boxes.
3. Microphones will be muted.
4. Use chat box for messaging privately or to all.
5. Use Q&A box to ask questions – we will answer later.
6. Be respectful: be aware of gender & ethnic sensitivities.

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POLL: WHY ARE YOU HERE?

DEFINING GRID TO SUCCEED AT WORK

Grit: Courage and show the strength of your character

Resilience: Capacity to recover quickly from difficulties

Inspiration: Being mentally stimulated to do or feel something creative

Determination: Firmness of purpose

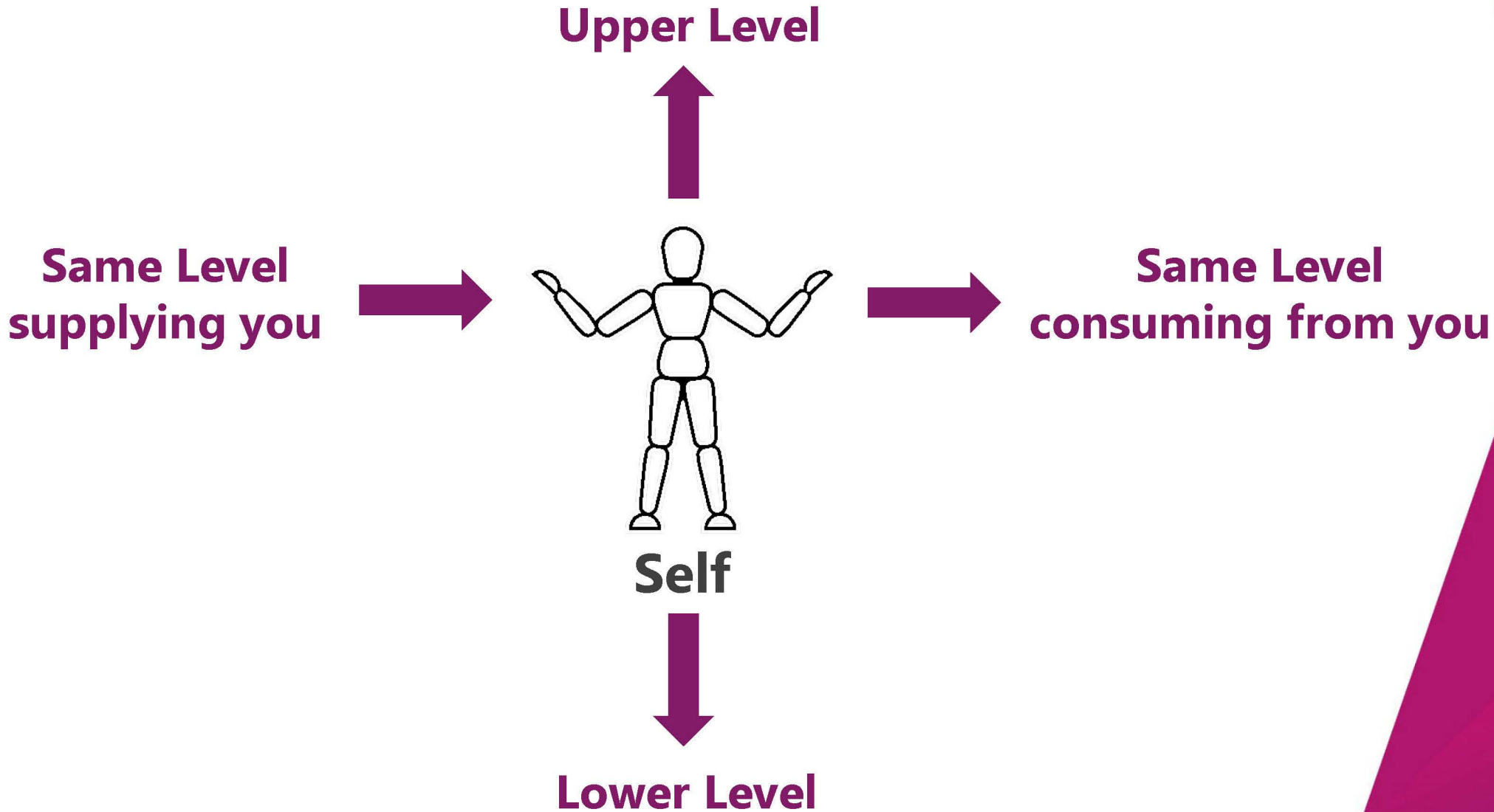
PERSONAL GRID STORY: SURVIVING TWO RETRENCHMENTS

POLL: DO YOU HAVE GRID STORY/EXPERIENCE

FOUR TIPS FOR GRID

- 1) 360 Awareness
- 2) Self Awareness: Styles and Needs
- 3) Relationships, Communications and Empathy
- 4) Building Networks and Support Frameworks

TIP 1: 360 AWARENESS



TIP 2:

SELF AWARENESS: STYLES AND NEEDS

How would
YOU
describe
yourself?



Information
Thinkers
(GREEN)



Task/
Results
Doers
(RED)



Celebratory/
People/
Relationships
Feelers
(BLUE)

TIP 3: RELATIONSHIPS, COMMUNICATIONS AND EMPATHY

1. Recognise body language, what is not spoken
2. Proactively convey your thoughts & feelings
3. Clear the Air promptly – Go To Source (GTS)

TIP 4: BUILDING NETWORKS AND SUPPORT FRAMEWORKS

If you want to go fast, go alone.
If you want to go far,

GO TOGETHER.

African Proverb

SYMPHONY OF LOVE
Photo by Nisha Gill

Offer Help To
Others

Expand Your
Circle of
Connections

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Chat Box Activity

**POLL: EASE WITH WHICH YOU ARE
READY TO EMBRACE THE 4 GRID TIPS**

SUMMARY

Inside You:

- 1) Dream Your Future (Inspirations)
- 2) Be Firm On Your Purpose (Determinations)
- 3) Show Strength of Your Character (Grit)
- 4) Recover Quickly If You Fall (Resilience)

Outside You:

- 1) All Round Awareness (360 degrees)
- 2) Leverage Your Thinker-Feeler-Doer
- 3) Nurture Relationships
- 4) Build Networks
- 5) Recognise body language, what is not spoken
- 6) Proactively convey your thoughts & feelings
- 7) Clear the Air promptly – Go To Source (GTS)

Q&A

Please submit your questions to the Q&A platform

THANK YOU.



Prabu Naidu